



ELOFF & ANDREWS  
—CLINICAL—  
PSYCHOLOGY



# MY VISIT TO SEE A PSYCHOLOGIST

## A SOCIAL STORY



I am going to see a psychologist.

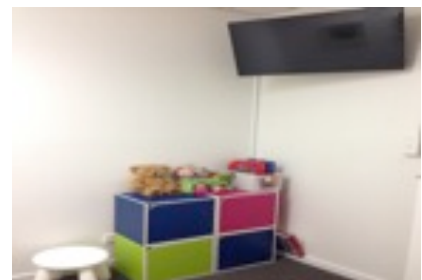
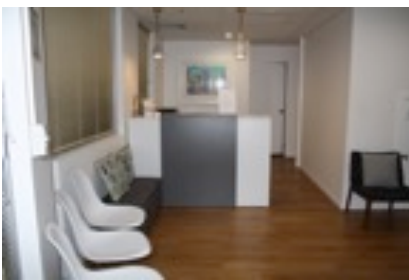


A psychologist is like a ‘talking doctor’ or a sports coach. My psychologist is friendly and can help me with any problem by ‘talking’ about it. My psychologist can help me learn to think better, play better and be a great friend.

Psychologists help lots of children, parents and families.

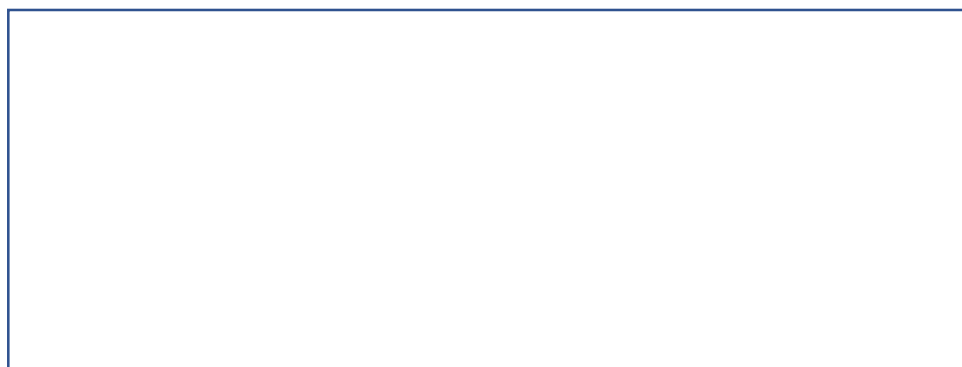
My psychologist works in an office building with a waiting area and five offices. There is a waiting area just for kids where I can read, watch a movie or play games.

The receptionist is very friendly, and will welcome us when we arrive.



(Maroochydore location)

When it is my turn, my psychologist will come and meet me in the waiting area. My family can join me for my appointment if I would like them to. My psychologist has a nice office with a comfy couch that I can sit on. I can draw a picture of me sitting on a nice couch below.



My psychologist might ask us me about my school, friends, and my family. This is a safe place where I can talk about my feelings too. I can talk about things that make me feel happy, worried, angry or sad. I will also do fun activities while I learn how to feel happier, braver and be a great friend.



I will enjoy seeing the psychologist!